

Original illustrative scene. Fictional subjects; not an IFRN event or testimonial.

A FREE IFRN GUIDE FOR PEOPLE WHO WANT TO HELP FUTURE NURSES

The Practical Care Giving Guide

Before a nurse cares for a patient, there is a student trying to get through the week. Class, clinical learning, work, family, transportation, and ordinary essentials can compete for the same limited time and money. Practical support begins by asking what would help the person keep moving.

This guide helps you choose a useful way to support IFRN, understand the care-package approach, ask clear donor questions, and respect the privacy of the people involved. You can give money, explore an in-kind contribution, start a conversation about a drive, or share a verified resource. You do not need to become a major sponsor to participate.

IFRN's current public focus is practical care for nursing students in Georgia. Scholarships and broader support are part of the longer-term vision. This guide is free and has no paid upsell. Contact info@ifrn.org for current campaign details, accepted items, donation channels, and partnership questions. Always confirm the current process before collecting goods or promoting a commitment on IFRN's behalf.

- Practical help.
- Clear expectations.
- Dignity for the student.
- Accountability for the work.

CARE SHOULD BE USEFUL IN THE WEEK A STUDENT IS LIVING

Understand what a package is meant to do

A practical package may bring together study supplies, personal care, snacks, encouragement, or other approved items that fit the current program. The mix depends on student needs, donated goods, available funds, and distribution logistics. A promotional image should not be read as a guarantee that every package contains every item shown.

IFRN's earlier planning used about $150 as a benchmark for an upgraded Ultimate Nursing Student Success Package. Previously reported delivered packages were closer to $50 each. These figures describe different package models, not a promise that all current gifts buy identical goods. Ask IFRN which model and campaign are active before describing what a specific donation will provide.

The value of practical support does not need an exaggerated outcome claim. A package can provide useful items and encouragement. It should not be marketed as proof that a student will graduate, pass an exam, or remain in a program. The student is a capable person receiving support, not a guaranteed success story produced by a donation.

- Contents and timing can vary.
- Confirm the current campaign benchmark.
- Describe practical support without promising a professional outcome.

MAKE IT YOURS

Write the question you want answered before choosing a gift.

Current package model _____

Accepted items _____

Distribution timing _____

How support is reported _____

YOUR NOTES / THE NEXT USEFUL STEP

SMALL GIFTS ARE PART OF POOLED PRACTICAL CARE

Choose a giving level that fits

IFRN's recovered giving ladder includes $5, $25, $50, $150, $750, and a custom amount. The High Five campaign invites small community gifts. The ladder frames $25 around practical essentials, $50 around extending support, $150 as an approximate upgraded-package benchmark, and $750 as an approximate five-package benchmark. Confirm current campaign wording and payment options before giving.

Treat these as ways to enter pooled program support, not a promise that your exact dollars purchase an identical list of items or reach a fixed number of students. Program delivery can include coordination and related costs as well as goods. A clear explanation of use matters more than an overly precise slogan.

Choose an amount you can give responsibly. If recurring giving is available and you want it, check the frequency, payment terms, and how to change or cancel it. A one-time gift, a suitable in-kind contribution, or sharing the current campaign can also be useful. No supporter should feel pressured to make a commitment they cannot sustain.

- $5: High Five community participation.
- $25 or $50: pooled practical support.
- $150 or $750: approximate upgraded-package sponsorship benchmarks.
- Custom: a gift that fits your circumstances.

MAKE IT YOURS

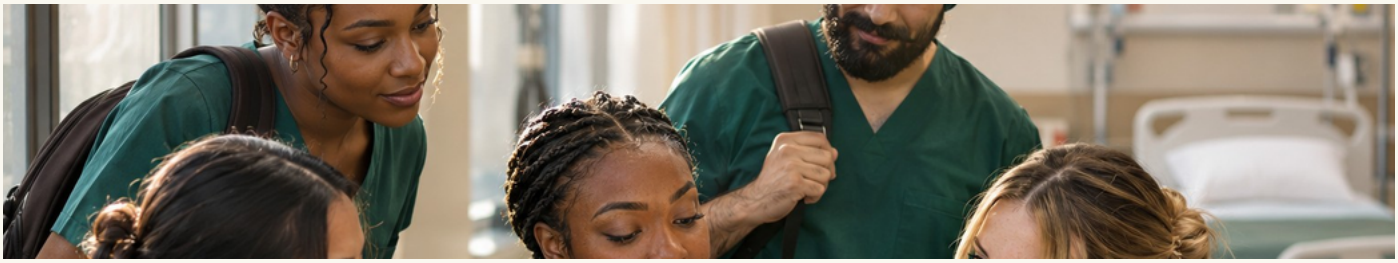
Choose a form of support and one detail to confirm.

My preferred support _____

One-time or recurring if available _____

Question _____

Current official channel _____



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ASK BEFORE YOU COLLECT

Give goods that the program can actually use

An in-kind drive works best when it begins with a current list from the receiving organization. Ask IFRN which items are accepted, whether new or sealed packaging is required, what quantities are useful, and how goods should be delivered. Storage, transport, expiration dates, sizes, and school rules can affect what the program can use.

Do not build a large collection around assumptions. A generous donation can create work if it is unsuitable, expired, damaged, difficult to distribute, or missing information. Start with a defined category and a realistic quantity. Agree on the delivery date and a contact before promoting the drive.

For example, a workplace might collect a coordinated set of approved study supplies rather than a mix of clinical equipment nobody has confirmed. A community group might fund approved purchases instead of sending items across a long distance. The best option depends on the current program. Keep a simple record of what was collected and transferred, without attaching student identities to the goods.

- Current accepted-item list.
- Condition, packaging, and expiration requirements.
- Quantity, delivery date, and receiving contact.
- Simple transfer record.

MAKE IT YOURS

Prepare an in-kind inquiry before launching a drive.

Item category _____

Quantity _____

Condition _____

Proposed delivery _____

IFRN confirmation needed _____

GOOD STEWARDSHIP WELCOMES CLARITY

Ask the questions that make trust practical

Before giving, use the official IFRN channel and ask what the current campaign supports. Clarify whether your gift is unrestricted, directed to a particular approved purpose, or part of a defined sponsorship agreement. Ask how the organization handles a situation in which the original plan changes or a restricted purpose cannot be completed.

Ask what reporting is available and when it is expected. Useful reporting can include verified aggregate distribution counts, a description of what was provided, and lessons from the work. A donor does not need private student records to understand a program. Avoid requiring a recipient's name, financial history, or personal story as proof that support mattered.

Keep the donation confirmation and ask about the organization's receipt process. A purchase of a digital guide is a product transaction, separate from a charitable donation. Do not assume a sponsorship or purchase has a particular tax treatment; use the written terms and appropriate professional advice for your circumstances. Clear questions help the organization and supporter begin with the same expectations.

- What purpose does this gift support?
- What restrictions or agreement apply?
- What verified reporting is available?
- How are receipts and questions handled?

MAKE IT YOURS

Write your three most important donor questions.

Purpose _____

Reporting _____

Receipt or agreement _____

Contact _____

PRIVACY IS PART OF PRACTICAL CARE

Support the student without owning the story

A student can be grateful and still choose not to appear in a photo, share a financial hardship, or tell a personal story publicly. Keep support and publicity separate. If you help with a drive or event, follow the organizer's release and privacy process rather than asking recipients for content on the spot.

Use language that preserves the student's agency. Describe the practical support and the community effort. Avoid claiming that a donor rescued a person, paid for an entire education, or created a guaranteed graduate. Do not invent a testimonial when a real approved story is not yet available. A factual program update is valuable without a dramatic quote.

If you share IFRN's work, use the current official campaign links and approved materials. Do not add partner logos, school names, recipient images, or fundraising claims without permission. If you want your organization recognized, discuss the recognition and any benefits in a written agreement before promising them to your team. A thoughtful boundary protects the student, the supporter, and the organization.

- Stories and photos are voluntary and permission-based.
- Aggregate information can show the work.
- Recognition and benefits must be agreed, not assumed.

MAKE IT YOURS

Review a planned post or event message before sharing.

Verified fact _____

Permission needed _____

Claim to remove _____

Official link to use _____

FREE SUPPORT FOR SUPPORTERS

Take one useful next step

Choose the action that fits you now. Make a gift through IFRN's verified current channel. Ask about an approved in-kind need. Discuss a workplace or campus drive before collecting goods. Share the official campaign with a clear explanation. Or subscribe to the free monthly Care Report to stay informed while you decide.

There is no paid upgrade attached to this donor guide. IFRN's educational shop is a separate pathway for people who want planning resources. A donation should not be confused with buying a guide, reserving a scholarship, obtaining access to a student, or receiving an unconfirmed marketing benefit.

Source context: recovered IFRN Website Copy Dossier and current IFRN mission, donation, and partner pages reviewed for this project in November 2026. The recovered ladder is a planning reference; confirm active campaign terms directly with IFRN. Historical delivered-package information and upgraded-package benchmarks must not be combined into a misleading impact claim. Current questions and proposals: info@ifrn.org. Website: ifrn.org. Thank you for choosing practical care with clear expectations and respect for the future nurse.

- Current giving information: ifrn.org/donate/
- Care-package information: ifrn.org/care-packages/
- Partnership conversation: ifrn.org/become-a-partner/
- Free monthly updates: ifrn.org/newsletter/

YOUR NOTES / THE NEXT USEFUL STEP